



Instructions for PET Myocardial Perfusion Imaging

Test Location: 1701 Solar Drive, STE 150

Oxnard, CA 93030

Phone (805) 278-4020

1. **24 HOURS prior to your test time, NO CAFFEINE OR DECAFFEINATED BEVERAGES OR FOODS. That includes no coffee, tea, soda or carbonated drinks, chocolate, etc.**
2. **24 HOURS prior to your test time, NO TOBACCO OR ALCOHOL PRODUCTS. This includes Nicotine Gum, Nicotine patches, etc.**
3. **IF YOU TAKE ANY MEDICATIONS**, Verify with your doctor's office to determine what medications you may or may not take.
4. **6 HOURS prior to your test time, NOTHING TO EAT OR DRINK. This includes Nicotine Gum and Nicotine Patches.** You may have a small amount of water with any medications you may be approved to take. See #3.
5. **If you are diabetic, ask your doctor's office for additional special instructions. If you are currently on insulin, please bring your insulin with you.**
6. Please bring ALL your medications with you to your appointment.
7. Wear comfortable loose-fitting clothing, such as slacks or walking shorts. No one-piece items such as jumpsuits or dresses. Please do not wear any metal on your chest area such as, metal buttons, zippers, etc.
8. Wear comfortable walking or athletic shoes.
9. Do not apply lotions or powder to the chest area
10. Please allow at least (1) hour for completion of the test. This time includes, test prep time, and post-test monitoring time.
11. Please inform our medical personnel of any recent illnesses, back problems, or chest discomfort.

***If you have any further questions please call our office at (805) 278-4020**