

## MEET OUR DOCTORS

### Interventional Cardiologists Peripheral Endovascular Intervention



Shaun Patel  
MD, FACC



Robert Sogomonian  
MD, FACC, RPVI, MBA

Personalized Vein Treatments  
by Experienced Board Certified  
Cardiologists Specializing in  
Endovascular Interventions

The Vein Lab at Cardiology Associates Medical Group was established in 2009. Shaun Patel, MD, FACC, an Interventional Cardiologist and Interventional Endovascular Specialist began using VNUS ClosureFast, on his patients' who are previously only had the option of surgical vein stripping in the treatment of their painful Varicose Veins. Dr. Shaun Patel, found his patients' were pleased with this minimally invasive, in-office procedure. Since its inception, Vein Ablations have transformed scores and scores of Cardiology Associates patients' lives.

*Many patients tell us that they feel more comfortable being treated by the same doctor who already understands their heart and vascular system. The results are remarkable!*

Healthier veins are possible for women and men, in the relaxed atmosphere of our in-office Vein Lab. We now have three Interventional Endovascular Physicians in our Venous Ablation Program. Our doctors continue to explore the newest technology in the treatment of disfiguring, debilitating, Varicose Vein Disease.

CALL FOR  
MORE INFORMATION

PHONE  
**805.278.4020**  
FAX: 805.278.4015

PHONE  
**805.653.0101**  
FAX: 805.643.6285



1701 Solar Drive, Suite 150  
Oxnard, CA 92030

[www.CardiacAdvantage.com](http://www.CardiacAdvantage.com)

VEIN &  CARDIOLOGY  
ASSOCIATES  
MEDICAL GROUP, INC.  
VASCULAR

Concerned About  
Your **Legs?**

Our Vein Experts Have Been Performing  
Vein Ablations Since 2009  
With Great Success!



**805.278.4020** or  
**805.653.0101**

[www.CardiacAdvantage.com](http://www.CardiacAdvantage.com)

## DID YOU KNOW

### WOMEN AND MEN CAN HAVE HEALTHIER VEINS NO MATTER WHAT THEIR AGE?

Venous Reflux Disease in America is estimated to affect 72% of women and 42% of men by the time they are in their 60s.

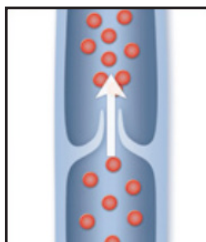
- Prevalence is highly correlated to age and gender
- Risk factors: Multiple pregnancies, Family history, Obesity, Standing profession

## SYMPTOMS ARE:

- Leg Pain
- Skin Changes or Darkening
- Bulging Varicose Veins
- Leg Ulcers
- Swelling of Limbs
- Leg Itching
- Leg Cramping
- Leg Rash
- Leg Heaviness
- Leg Numbness
- Leg Tiredness

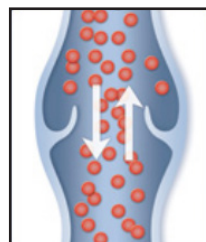
Your legs are made up of a network of veins and vessels that carry blood back to the heart. **Unhealthy leg veins can lead to more complex problems in the future.**

**It makes a difference when your  
ENTIRE VASCULAR SYSTEM IS TREATED  
BY EXPERIENCED CARDIOVASCULAR &  
ENDOVASCULAR DISEASE SPECIALISTS**



**Healthy Vein Valve  
& Correct Blood Flow**

Blood is moving  
in one direction



**Damaged Vein Valve  
& Incorrect Blood Flow**

Blood is moving  
in both directions

**Venous insufficiency** is a very common condition resulting from decreased blood flow from the leg veins up to the heart, with pooling of blood in the veins. Normally, one-way valves in veins keep blood flowing toward the heart—against the force of gravity.

## ARE YOU A GOOD CANDIDATE?



SKIN CHANGES



SWELLING



VARICOSE VEINS



ULCERS

Before you have an Endovenous Ablation, one of our Physician Vein Specialists will meet with you and discuss a treatment plan. An Ultrasound of the affected site will be performed by our accredited Echocardiography Lab to make sure you are a good candidate. You will then be scheduled by one of our Experienced Staff for your Vein Ablation.



BEFORE



AFTER

## What is an Endovenous Ablation?

An Endovenous Ablation is an image-guided, minimally invasive treatment for varicose veins. It uses controlled radiofrequency energy to the diseased veins which will seal and allow blood flow to re-route to other healthy veins. Today, chronic venous reflux disease is correctable with the Vein Ablation Procedure. Endovenous Ablation provides relief from:

- Leg Pain and Swelling
- Lifestyle Restrictions
- Heavy Compression Stockings

## How long does it take?

It is performed in the comfort of our Vein Lab, usually in less than 1 hour.

## Does it hurt?

Patients describe very minimal pain during the procedure.

## Can I return to work after the procedure?

Most patients who undergo the procedure can continue doing regular activities within 1-2 days.

## Will my insurance cover this procedure?

Most Insurance companies including Medicare and Medical will cover the Vein Closure Procedure. We will contact your insurance provider to verify if they will cover the treatment.